

Fire in my Bones  
Jeremiah 20:9

But *His word* was **in my** heart like a burning **fire**  
Shut up **in my bones**;

# My first memories of the Word

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- ▶ **6 years old**
  - ▶ I am the **good shepherd** (John 10:11)
  
- ▶ **10 years old**
  - ▶ Your word is a lamp to my feet
  - ▶ And a light to my path (Psalm 119:105)
  
- ▶ **16 years old**
  - ▶ Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me. (Revelation 3:20)



# The Word of God is eternal, alive and powerful

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- ▶ **The Word of God is eternal: (John 1:1)**
  - ▶ In the beginning was the Word, and the Word was with God, and the Word was God. 2 He was in the beginning with God.
- ▶ **The Word of God is alive (1 Peter 1:23)**
  - ▶ having been born again, not of corruptible seed but incorruptible, through the word of God which lives and abides forever,
- ▶ **The Word of God is powerful (Hebrews 4: 12)**
  - ▶ For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.



# The Word of God builds faith

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So then faith comes by hearing, and hearing by the word of God (Romans 10: 17)

The just shall **live by faith** (Habakkuk 2:4, Romans 1:17, Galatians 3:11, Hebrews 10: 38)

My people are **destroyed for lack of knowledge.**  
(Hosea 4: 6)

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The word of God is to your spirit as bread is to your body

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- ▶ Food produces physical power called strength
- ▶ The Word of God produces spiritual power called faith
  
- ▶ We can't live on the memory of our last meal
- ▶ Don't try to live on the memory of your last spiritual meal



# 1. Feast on the Word

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## ▶ Hunger

- ▶ “Behold, the days are coming,” says the Lord GOD,  
“That I will send a famine on the land,  
Not a famine of bread,  
Nor a thirst for water,  
But of hearing the words of the LORD. (Amos 8:11)

## ▶ Sweeter than honey

- ▶ How sweet are Your words to my taste,
- ▶ Sweeter than honey to my mouth! (Psalm 119:103)



## 2. Stay in the Word

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- ▶ Therefore let that abide in you which you heard from the beginning. If what you heard from the beginning abides in you, you also will abide in the Son and in the Father. (1 John 2:24)
- ▶ All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, 17 that the man of God may be complete, thoroughly equipped for every good work. (2 Tim 3:16-17)




### 3. Meditate on the Word

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<sup>2</sup> Blessed *is* the man  
Who walks not in the counsel of the ungodly,  
Nor stands in the path of sinners,  
Nor sits in the seat of the scornful;  
<sup>2</sup> But his delight *is* in the law of the LORD,  
And in His law he **meditates day and night.**  
<sup>3</sup> He shall be like a tree  
Planted by the rivers of water,  
That brings forth its fruit in its season,  
Whose leaf also shall not wither;  
**And whatever he does shall prosper.** (Psalm 1: 1-3)

<sup>8</sup> This Book of the Law shall not depart from your mouth, but you shall **meditate in it day and night**, that you may observe to do according to all that is written in it. **For then you will make your way prosperous, and then you will have good success.** (Joshua 1:8)

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# Practical meditation

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- ▶ Believe that scripture for any given day is the unique Word of God for that day
- ▶ Allow the Word of God to minister to your spirit
- ▶ Allow the Word of God to minister to your circumstances, temptations, lack, relationships, finances, diseases, his kingdom
- ▶ Communicate the Word of God to others as led by the Spirit.



## Psalm 18 (How God provides and protects)

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- ▶ I Lord, how I love you! For you have done such tremendous things for me.
- ▶ 2 The Lord is my fort where I can enter and be safe; no one can follow me in and slay me. He is a rugged mountain where I hide; he is my Savior, a rock where none can reach me, and a tower of safety. He is my shield. He is like the strong horn of a mighty fighting bull. 3 All I need to do is cry to him—oh, praise the Lord—and I am saved from all my enemies!



## Psalm 18 (How God respond to our prayers)

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- ▶ 6 In my distress I screamed to the Lord for his help. And he heard me from heaven;[a] my cry reached his ears. 7 Then the earth rocked and reeled, and mountains shook and trembled. How they quaked! For he was angry. 8 Fierce flames leaped from his mouth, setting fire to the earth;[b] smoke blew from his nostrils. 9 He bent the heavens down and came to my defense;[c] thick darkness was beneath his feet. 10 Mounted on a mighty angel,[d] he sped swiftly to my aid with wings of wind. 11 He enshrouded himself with darkness, veiling his approach with dense clouds dark as murky waters. 12 Suddenly the brilliance of his presence broke through the clouds with lightning[e] and a mighty storm of hail.
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## 4. Pray the Word

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- ▶ I have set watchmen upon your walls, O Jerusalem, who will never hold their peace day or night; you who [are His servants and by your prayers] put the Lord in remembrance [of His promises], keep not silence. (Is 62:6:Amplified)



# Spiritual warfare

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- ▶ And take the helmet of salvation, and the sword of the Spirit, which is the word of God (Ephesians 6:17)



# Our Hearts condition and the Word

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- ▶ God resists the proud,  
But gives grace to the humble.” (I Peter 5:5)
- ▶ At that time Jesus answered and said, “I thank You, Father, Lord of heaven and earth, that You have hidden these things from the wise and prudent and have revealed them to babes. (Matthew 11:25)



# Practical hints

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- ▶ Morning is best
- ▶ Be comfortable: coffee/green tea
- ▶ Read a translation that is easy to understand (e.g. the Living Bible)
- ▶ Read the Word: not commentaries: “unplugged”
- ▶ Be willing to spend time: meditate, pray the word, communicate the word
- ▶ Read the whole Bible
  - ▶ 52 Then he added, “Those experts in Jewish law who are now my disciples have double treasures—from the Old Testament as well as from the New!” (Matthew 13: 52 NLT)
- ▶ One Year Bible



# The Word in us yields a harvest- also of souls

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- ▶ <sup>22</sup> Now he who received seed among the thorns is he who **hears the word**, and the cares of this world and the deceitfulness of riches **choke the word**, and he becomes unfruitful. <sup>23</sup> But he who received seed on the good ground is he who **hears the word and understands it**, who indeed bears fruit and produces: some a hundredfold, some sixty, some thirty.” (Matthew 13)
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